

2023 Panama City Beach Cup

October 28-29, 2023

ALL TIMES ARE CENTRAL TIME ZONE

Saturday, October 28

Session 1 *Bronze*

8:00am – 10:00am

Session 2 *Level 1*

10:15am – 11:45am

Session 3 *Level 2*

12:00pm - 2:30pm

Session 4 *Level 3*

2:45pm – 5:30pm

Session 5 *Gold*

6:00pm – 8:30pm

Sunday, October 29

Session 6 *Level 6 - 10 and Platinum*

8:00am – 10:45am

Session 7 *Level 5 and Level 4 (Group 1) Champions, 360, Flight, Mandeville, Moultrie, Paramount, Taylor, Thomasville*

11:00am – 1:30pm

Session 8 *Level 4 (Group 2) Gulf Coast, Ocean City, Peach Pit, TNT, Trousdell, Victory*

1:45 – 3:45pm

Session 9 *Silver*

4:00pm – 6:00pm

***Welcome Gymnasts from: Alabama, Florida, Georgia, Louisiana and Mississippi**